

TATTOO AFTERCARE

VISIT:

www.tattoosbyjara.com/aftercare
for more detailed aftercare
instructions.

SUPPLY LIST

- ☐ Dial Gold Anti-bacterial Soap
- ☐ Aquaphor (Tube not tub)
- ☐ Unscented Body Lotion

PLASTIC WRAP//SARAN WRAP

1. **LEAVE WRAP ON FOR AT LEAST 2 HOURS.**
2. **REMOVE THE PLASTIC WRAP.**
3. **WASH TATTOO WITH ANTI-BACTERIAL SOAP THOROUGHLY.**
4. **WIPE GENTLY WITH CLEAN PAPER TOWEL UNTIL DRY.**
5. **SPREAD THIN LAYER* OF AQUAPHOR OVER TATTOO.**
6. **REPEAT WASHING & MOISTURIZING 2-3X A DAY UNTIL TATTOO IS COMPLETELY HEALED.**

AVOID THESE

- NO SWIMMING, HOT TUBS, OR BATHS
- NO DIRECT SUNLIGHT
- NO HEAVY-SCENTED SOAPS, OILS, OR LOTIONS
- NO "SWEATY" INTENSE WORKOUTS FOR 2-5 DAYS
- AVOID PET HAIR ON FRESH TATTOOS
- WEAR SUNSCREEN ON HEALED TATTOOS (ONLY)

"2ND SKIN" BANDAGE

1. **LEAVE "2ND SKIN" ON FOR 1-4 DAYS.**
2. **QUICK SHOWERS ARE OKAY. - BATHS ARE NOT.**
3. **WHEN READY TO REMOVE THE "2ND SKIN", PEEL OFF SLOWLY IN A HOT/WARM SHOWER.**
4. **WASH TATTOO WITH ANTI-BACTERIAL SOAP THOROUGHLY.**
5. **WIPE GENTLY WITH CLEAN PAPER TOWEL UNTIL DRY.**
6. **SPREAD THIN LAYER* OF AQUAPHOR OVER TATTOO.**
7. **REPEAT WASHING & MOISTURIZING 2-3X A DAY UNTIL TATTOO IS COMPLETELY HEALED.**

JUST SO YOU KNOW...

- TATTOO WILL BECOME ITCHY & FLAKY AFTER 3-5 DAYS (NEVER PICK OR SCRATCH TATTOO)
- ★ DO NOT SLATHER ON TOO MUCH AQUAPHOR -> THIS WILL CAUSE HEALING ISSUES
- SWITCH TO UNSCENTED BODY LOTION AFTER 5-7 DAYS

THANK YOU SO MUCH! TREAT YOURSELF TO SOME DELICIOUS
FOOD, HYDRATE, TAKE A NAP :)